

SCHOOL OF HUMAN ENVIRONMENTAL SCIENCES

Major in Human Nutrition and Dietetics

Check Sheet for Human Nutrition and Dietetics (HNAD)

2025-2026

Name:

I.D. Number:

Advisor:

University Requirements: 1 hour¹

- ☐ UNIV 10051 University Perspectives

Communications: 9 hours

- ☐ ENGL 10103 Composition I
☐ ENGL 10203 Composition II
☐ SPCH 10003 Public Speaking

US History or Government: 3 hours

- ☐ HIST 20003 or HIST 20103 or PLSC 20003

Mathematics: 6 hours

- ☐ MATH 11003 College Algebra or higher
☐ MATH 21003 Principles of Statistics

Physical and Biological Sciences: 27hours²

- ☐ BIOL 10103 Principles of Biology **AND**
☐ BIOL 10101 Principles of Biology Lab
☐ CHEM 12103 Fundamentals of Chemistry **AND**
☐ CHEM 12101 Fundamentals of Chemistry Lab
☐ BIOL 20003 General Microbiology **AND**
☐ BIOL 20001 General Microbiology Lab
☐ BIOL 24103 Human Physiology **AND**
☐ BIOL 24101 Human Physiology Lab
☐ BIOL 24003 Human Anatomy **AND**
☐ BIOL 24001 Human Anatomy Lab
☐ CHEM 26103 Organic Physiological Chemistry **AND**
☐ CHEM 26101 Organic Physiological Chemistry Lab
☐ CHEM 38103 Elements of Biochemistry

Fine Arts/Humanities: 6 hours

Choose 3 hours from Fine Arts and 3 hours from Humanities:³

Check for completion	Course I. D.:	Course Name:
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Social Sciences: 9 hours

- ☐ HDFS 24103 Family Relations **OR**
HDFS 14003 Life Span Development
☐ PSYC 20003 General Psychology

Choose 3 hours from Social Science Core:³

Check for completion	Course I. D.:	Course Name:
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HNAD Core Requirements: 53 hours²

- ☐ NUTR 12001 Introduction to the Dietetic Profession
☐ NUTR 12103 Fundamentals of Nutrition
☐ NUTR 21103 Principles of Foods **AND**
☐ NUTR 21101 Principles of Foods Lab
☐ HOSP 26101 Food Service Sanitation
☐ PBHL 26603 Terminology for the Health Professions
☐ NUTR 32003 Human Nutrition
☐ NUTR 32103 Nutrition Education and Counseling
☐ NUTR 33003 Nutrition Assessment
☐ NUTR 36003 Quantity Foods
☐ HOSP 36503 Hospitality, Dietetic Mgmt & Human Resources
☐ NUTR 40001 Nutrition Seminar
☐ NUTR 41003 Research Methods in Nutrition
☐ NUTR 42103 Advanced Nutrition I
☐ NUTR 42203 Life Cycle Nutrition
☐ NUTR 42303 Advanced Nutrition II
☐ NUTR 42403 Community Nutrition
☐ NUTR 42603 Medical Nutrition Therapy I
☐ NUTR 42631 Registered Dietitian Seminar
☐ NUTR 42703 Medical Nutrition Therapy II
☐ NUTR 43103 Nutritional Pathophysiology

General Electives: 6 hours

Check for completion	Course I. D.:	Course Name:
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OTHER REQUIREMENTS FOR A B.S.H.E.S. DEGREE

120 Total Hours of which:

40 hours must be 30000/40000 level courses

Minimum GPA of 2.0 to graduate

¹ UNIV 10051 is required for new freshmen or transfer with less than 24 hours

² Human Nutrition and Dietetics students must earn a grade of "C" or higher in all NUTR and science required core courses.

³ See student degree audit for a list of approved courses.