

SCHOOL OF HUMAN ENVIRONMENTAL SCIENCES

Major in Food, Nutrition, and Health

Check Sheet for Food, Nutrition, and Health (FNAH)

2024-2025

Name:

I.D. Number:

Advisor:

University Requirements: 1 hour¹

☐ UNIV 10051 University Perspectives

Communications: 12 hours

☐ ENGL 10103 Composition I

☐ ENGL 10203 Composition II

☐ SPCH 10003 Public Speaking

☐ ACOM 31403 Communicating Ag to the Public **OR**
ENGL 30503 Technical and Professional Writing

US History or Government: 3 hours

☐ HIST 20003 **or** HIST 20103 **or** PLSC 20003

Mathematics: 6 hours

☐ MATH 11003 College Algebra or higher

☐ MATH 21003 Principles of Statistics

Physical and Biological Sciences: 8 hours

☐ CHEM 14103 University Chemistry I **AND**

☐ CHEM 14101 University Chemistry I Lab **AND**

☐ CHEM 14203 University Chemistry II **AND**

☐ CHEM 14201 University Chemistry II Lab **OR**

CHEM 12103 Fundamentals of Chemistry **AND**

CHEM 12101 Fundamentals of Chemistry Lab **AND**

Choose 4 hours Science Elective:²

Check for completion	Course I. D.:	Course Name:
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☐		

Fine Arts/Humanities: 6 hours

Choose 3 hours from Fine Arts and 3 hours from Humanities:²

Check for completion	Course I. D.:	Course Name:
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Social Sciences: 9 hours

☐ PSYC 20003 General Psychology

☐ HDFS 24103 Family Relations **OR**

HDFS 14003 Life Span Development

Choose 3 hours from Social Science Core:²

Check for completion	Course I. D.:	Course Name:
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FNAH Major Core: 33 hours

☐ NUTR 12103 Fundamentals of Nutrition

☐ HOSP 26101 Food Service Sanitation

☐ NUTR 21103 Principles of Foods **AND**

☐ NUTR 21101 Principles of Foods Lab

☐ NUTR 31043 Culinary Nutrition **AND**

☐ NUTR 31041 Culinary Nutrition Lab

☐ NUTR 32103 Nutrition Education & Counseling

☐ NUTR 41003 Research Methods in Nutrition

☐ NUTR 40001 Nutrition Seminar

☐ NUTR 42203 Life Cycle Nutrition

☐ NUTR 42403 Community Nutrition

☐ NUTR 43003 Cultural Perspectives on Foods

☐ NUTR 44033 Recipe Modification **AND**

☐ NUTR 44031 Recipe Modification Lab

Electives: 42 hours³

The following electives will provide an area of focused study for students. Students will discuss with advisor to select courses to complete degree requirements:

Food Service Management:

☐ HOSP 26003 Purchasing & Cost Control

☐ NUTR 36003 Quantity Foods

☐ HOSP 36503 Hospitality, Dietetic Management and Human Resources

Nutrition Research:

☐ BIOL 10103 Principles of Biology **AND**

☐ BIOL 10101 Principles of Biology Lab

☐ BIOL 23373 General Genetics **AND**

☐ BIOL 23371 General Genetics Lab

☐ BIOL 25473 Cell Biology **AND**

☐ BIOL 25471 Cell Biology Lab

☐ CHEM 26103 Organic Physiological Chemistry **AND**

☐ CHEM 26101 Organic Physiological Chemistry Lab

☐ CHEM 38103 Elements of Biochemistry

☐ NUTR 42103 Advanced Nutrition

☐ BIOL 47073 Mechanisms of Pathogenesis

Health & Wellness:

☐ NUTR 22003 Sports Nutrition

☐ PBHL 11003 Personal Health & Safety

☐ PBHL 26603 Terminology for the Health Professions

☐ PBHL 32002 Health Care & Public Policy

☐ PBHL 36403 Public Health Program Planning

☐ EXSC 31503 Exercise Physiology

General Electives:

Check for completion	Course I. D.:	Course Name:
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OTHER REQUIREMENTS FOR A B.S.A. DEGREE

120 Total Hours of which:

40 hours must be 30000/40000 level courses

Minimum GPA of 2.0

¹ UNIV 10051 is required for new freshmen or transfer with less than 24 hours

² See student degree audit for approved course list

³ Students are encouraged to choose a minor in Event Management, Hospitality Management, Agricultural Communications, General Business or Journalism to fulfill required elective hours.