Dale Bumpers College of Agricultural, Food & Life Sciences  
EIGHT-SEMESTER DEGREE COMPLETION PROGRAM  
B.S.H.E.S. – General Human Environmental Sciences (GHES)

GHES Requirements: 12 hours Communication; 3 hours History; 6 hours Mathematics and Computers; 13 hours Physical and Biological Sciences; 6 hours Fine Arts/Humanities; 9 hours Social Sciences; 3 hours Health Science/Physical Education; 46-47 hours departmental core; 24 hours Specialization Electives; 26-27 hours general electives.

**Bold** – Course meets University Core  
Pre-requisites, co-requisites, or recommended courses are in parentheses.

### Fall Semester Year 1

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HESC 1403 Lifespan</td>
<td>3</td>
</tr>
<tr>
<td>HESC 1501 Orientation to HESC</td>
<td>1</td>
</tr>
<tr>
<td>English Core ENGL 1013 Composition I</td>
<td>3</td>
</tr>
<tr>
<td>Math Core MATH 1203 College Algebra</td>
<td>3</td>
</tr>
<tr>
<td>OR MATH 1213 Plane Trigonometry</td>
<td></td>
</tr>
<tr>
<td>ETEC 2001/2002L Educational Technology OR Equivalent</td>
<td>3</td>
</tr>
<tr>
<td>Fine Arts Core ARTS 1003 Basic Arts</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total Semester Hours</strong></td>
<td><strong>16</strong></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HESC 1013 Introduction to Clothing Concepts</td>
<td>3</td>
</tr>
<tr>
<td>(Pre-HESC 1501)</td>
<td></td>
</tr>
<tr>
<td>HESC 2413 Family Relations (PRE-HESC 1501)</td>
<td>3</td>
</tr>
<tr>
<td>Social Science Core PSYC 2003 General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>English Core ENGL 1023 Comp II (Pre-ENGL 1013)</td>
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<tr>
<td>General Elective</td>
<td>3</td>
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<tr>
<td>PEAC 1621</td>
<td>1</td>
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<tr>
<td><strong>Total Semester Hours</strong></td>
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### Fall Semester Year 2

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HESC 1023 Introduction to Apparel Production</td>
<td>3</td>
</tr>
<tr>
<td>HESC 2433 Child Development</td>
<td>3</td>
</tr>
<tr>
<td>COMM 1313 Fundamentals of Communication</td>
<td>3</td>
</tr>
<tr>
<td>HLSC 1002 Wellness Concepts</td>
<td>2</td>
</tr>
<tr>
<td>Science Core CHEM 1074/1071L Fundamentals of Chemistry</td>
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<tr>
<td><strong>Total Semester Hours</strong></td>
<td><strong>16</strong></td>
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### Spring Semester Year 2

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HESC 2053/2050L Introduction to Textile Science</td>
<td>3</td>
</tr>
<tr>
<td>HESC 3402/3401L Child Guidance &amp; Lab (HESC 2433)</td>
<td>3</td>
</tr>
<tr>
<td>Social Science Core Elective</td>
<td>3</td>
</tr>
<tr>
<td>Humanities Core Elective (b, c, or d)</td>
<td>3</td>
</tr>
<tr>
<td>General Elective</td>
<td>3</td>
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<tr>
<td><strong>Total Semester Hours</strong></td>
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### Fall Semester Year 3

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HESC 3763L Family Resource Management Laboratory</td>
<td>3</td>
</tr>
<tr>
<td>HESC 2112/2111L Foods I</td>
<td>3</td>
</tr>
<tr>
<td>(Pre-HESC 1501, CHEM 1074/1071L)</td>
<td></td>
</tr>
<tr>
<td>OR CHEM 1103/1101L</td>
<td></td>
</tr>
<tr>
<td>ENGL 2003 Advanced Composition</td>
<td>3</td>
</tr>
<tr>
<td>(Pre-ENGL 1013 &amp; ENGL 1023) OR Exemption Elective</td>
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<tr>
<td>Science Core BIOL 1543/1541L Principles of Biology</td>
<td>4</td>
</tr>
<tr>
<td>Social Science Core Elective (Recommend SOCI 2013)</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total Semester Hours</strong></td>
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<table>
<thead>
<tr>
<th>Course</th>
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</thead>
<tbody>
<tr>
<td>HESC 2123 Catering for Healthy Lifestyles</td>
<td>3</td>
</tr>
<tr>
<td>HESC 1213 Nutrition in Health (3 hr.)</td>
<td>3 or 4</td>
</tr>
<tr>
<td>OR HESC 3204 Nutr. Health Prof/Educ. (4 hr.)</td>
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</tr>
<tr>
<td>(Pre CHEM 2613/2611L OR CHEM 3703/3701L)</td>
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</tr>
<tr>
<td>CHEM 2613/2611L, 2610D Organic CHEM &amp; Lab</td>
<td>4</td>
</tr>
<tr>
<td>(Pre CHEM 1123/1121L OR CHEM 1074/1071L)</td>
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</tr>
<tr>
<td>General Elective – upper level</td>
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<tr>
<td><strong>Total Semester Hours</strong></td>
<td><strong>16-17</strong></td>
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### Fall Semester Year 4

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HESC 4453 Parenting and Family Dynamics</td>
<td>3</td>
</tr>
<tr>
<td>(Pre-HESC 1403 OR PSYC 2003)</td>
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<tr>
<td>HESC 4753 Family Financial Management</td>
<td>3</td>
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<tr>
<td>History Core Elective</td>
<td>3</td>
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<tr>
<td>General Elective – upper level</td>
<td>6</td>
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<tr>
<td><strong>Total Semester Hours</strong></td>
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### Spring Semester Year 4

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HESC 4813 Human Factors in Interior Design</td>
<td>3</td>
</tr>
<tr>
<td>(Pre-SOCI 2013, PSYC 2003, and junior standing)</td>
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<tr>
<td>General Elective – upper level</td>
<td>12</td>
</tr>
<tr>
<td><strong>Total Semester Hours</strong></td>
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**TOTAL HOURS** 125-126