

**Dale Bumpers College of Agricultural, Food & Life Sciences**  
**EIGHT-SEMESTER DEGREE COMPLETION PROGRAM**  
*B.S.H.E.S. –Food, Nutrition and Health (FNAH)*  
**2019-2020**

FNAH Requirements: 1 hour University Perspectives; 12 hours Communications; 3 hours History; 6 hours Mathematics & Statistics; 8 hours Physical and Biological Sciences; 6 hours Fine Arts/Humanities; 9 hours Social Sciences; 32 hours FNAH Core requirements; 43 hours electives.

**Bold** – Course meets University Core

Pre-requisites, co-requisites, or recommended courses are in parentheses.

Fall Semester Year 1		Spring Semester Year 1	
Course	Hours	Course	Hours
<b>CHEM 1103/1101L</b> University Chemistry I w/ lab OR <b>CHEM 1073/1071L</b> Fundamentals of Chemistry	4	<b>ENGL 1023</b> - Composition II (Pre- ENGL 1013)	3
NUTR 1213 Fundamentals of Nutrition	3	<b>Fine Arts Core Elective</b>	3
HOSP 2611 Food Service Sanitation	1	COMM 1313 Public Speaking	3
UNIV 1001 University Perspectives	1	<b>Humanities Core Elective</b>	3
<b>MATH 1203</b> – College Algebra or higher	3	<b>Science Core Elective</b> OR <b>CHEM 1123/1121L</b> University Chemistry II	4
<b>ENGL 1013</b> - Composition I	3		
<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>16</b>
Fall Semester Year 2		Spring Semester Year 2	
Course	Hours	Course	Hours
NUTR 2113/2111L Principles of Foods (Pre-CHEM 10734/1071L or CHEM 1103/1101L)	4	<b>HDFS 2413</b> Family Relations OR <b>HDFS 1403</b> Life Span Development	3
<b>PSYC 2003</b> General Psychology	3	ENGL 3053 Technical & Report Writing (Pre- ENGL 1013 & ENGL 1023) OR AGED 3143 Communicating Ag to the Public	3
STAT 2303 Principles of Statistics	3	Electives	9
Electives	6		
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>15</b>
Fall Semester Year 3		Spring Semester Year 3	
Course	Hours	Course	Hours
NUTR 3213 Nutrition Education & Counseling (Pre- NUTR 1213)	3	NUTR 4303 Cultural Perspectives on Food OR NUTR 4403 Recipe Modification (Pre- NUT 3103/3101L)	3
NUTR 3103/3101L Culinary Nutrition w/lab	4	NUTR 4243 Community Nutrition (Pre- NUTR 1213)	3
<b>Social Science Core Elective</b>	3	Electives	9
<b>US History or Government Core Elective</b>	3		
Electives	3	<b>Total Semester Hours</b>	<b>15</b>
<b>Total Semester Hours</b>	<b>16</b>		
Fall Semester Year 4		Spring Semester Year 4	
Course	Hours	Course	Hours
NUTR 4223 Life Cycle Nutrition ((Pre- NUTR 1213 and BIOL 2213/2211L) OR (CHEM 1073/1071L and BIOL 1543/1541L))	3	NUTR 4303 Cultural Perspectives on Food OR NUTR 4403 Recipe Modification (Pre- NUTR 3103/3101L)	3
Electives	12	NUTR 4001 Nutrition Seminar	1
		NUTR 4103/4101L Research Methods in Nutrition w/lab	4
		Electives	4
<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>12</b>
		<b>TOTAL HOURS</b>	<b>120</b>