

Dale Bumpers College of Agricultural, Food & Life Sciences
EIGHT-SEMESTER DEGREE COMPLETION PROGRAM
B.S.H.E.S. – Food, Nutrition and Health (FNAH)
2018-2019

FNAH Requirements: 1 hour University Perspectives; 12 hours Communications; 3 hours History; 6 hours Mathematics & Statistics; 8 hours Physical and Biological Sciences; 6 hours Fine Arts/Humanities; 9 hours Social Sciences; 32 hours FNAH Core requirements; 43 hours electives.

Bold – Course meets University Core

Pre-requisites, co-requisites, or recommended courses are in parentheses.

Fall Semester Year 1		Spring Semester Year 1	
Course	Hours	Course	Hours
CHEM 1103/1101L University Chemistry I w/ lab OR CHEM 1073/1071L Fundamentals of Chemistry	4	ENGL 1023 - Composition II (Pre- ENGL 1013)	3
NUTR 1213 Fundamentals of Nutrition	3	Fine Arts Core Elective	3
HOSP 2611 Food Service Sanitation	1	COMM 1313 Public Speaking	3
UNIV 1001 University Perspectives	1	Humanities Core Elective	3
MATH 1203 – College Algebra or higher	3	Science Core Elective	4
ENGL 1013 - Composition I	3		
Total Semester Hours	15	Total Semester Hours	16
Fall Semester Year 2		Spring Semester Year 2	
Course	Hours	Course	Hours
NUTR 2113/2111L Principles of Foods (Pre-CHEM 10734/1071L or CHEM 1103/1101L)	4	HDFS 2413 Family Relations OR HDFS 1403 Life Span Development	3
PSYC 2003 General Psychology	3	ENGL 3053 Technical & Report Writing (Pre- ENGL 1013 & ENGL 1023) OR AGED 3143 Communicating Ag to the Public	3
STAT 2303 Principles of Statistics	3	Electives	9
Electives	6		
Total Semester Hours	16	Total Semester Hours	15
Fall Semester Year 3		Spring Semester Year 3	
Course	Hours	Course	Hours
NUTR 3213 Nutrition Education & Counseling (Pre- NUTR 1213)	3	NUTR 4303 Cultural Perspectives on Food OR NUTR 4403 Recipe Modification (Pre- NUT 3103/3101L)	3
NUTR 3103/3101L Culinary Nutrition w/lab	4	NUTR 4243 Community Nutrition (Pre- NUTR 1213)	3
Social Science Core Elective	3	Electives	9
US History or Government Core Elective	3		
Electives	3	Total Semester Hours	15
Total Semester Hours	16		
Fall Semester Year 4		Spring Semester Year 4	
Course	Hours	Course	Hours
NUTR 4223 Life Cycle Nutrition (Pre- NUTR 1213 and BIOL 2213/2211L) OR (CHEM 1073/1071L and BIOL 1543/1541L)	3	NUTR 4303 Cultural Perspectives on Food OR NUTR 4403 Recipe Modification (Pre- NUTR 3103/3101L)	3
Electives	12	NUTR 4001 Nutrition Seminar	1
		NUTR 4103/4101L Research Methods in Nutrition w/lab	4
		Electives	4
Total Semester Hours	15	Total Semester Hours	12
		TOTAL HOURS	120