

**Dale Bumpers College of Agricultural, Food & Life Sciences**  
**EIGHT-SEMESTER DEGREE COMPLETION PROGRAM**  
*B.S.H.E.S. – Human Development, Family Sciences (HDFS) – Lifespan (LSPN)*  
**2015-2016**

HDFS Requirements: 3-9 hours Communication; 3 hours History; 3 hours Mathematics; 8 hours Sciences; 6 hours Fine Arts/Humanities; 9 hours Social Sciences; 43 hours Lifespan Concentration Requirements; 6 hours Lifespan Concentration Electives; 32-39 hours general electives.

**Bold** – Course meets University Core

Pre-requisites, co-requisites, or recommended courses are in parentheses.

Fall Semester Year 1		Spring Semester Year 1	
Course	Hours	Course	Hours
<b>ENGL 1013</b> Composition I – unless exempt	3	HESC 2413 Family Relations (Pre-HESC 1501)	3
HESC 1501 Issues & Trends in HESC	1	<b>ENGL 1023</b> Composition II (Pre-ENGL 1013) – unless exempt	3
<b>MATH Core Elective</b>	3	<b>PSYC 2003</b> General Psychology	3
HESC 1403 Lifespan Development	3	<b>Science Core Elective</b>	4
<b>Fine Arts Core Elective</b>	3	General Elective	3
General Elective	3		
UNIV 1001 University Perspectives	1		
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>16</b>
Fall Semester Year 2		Spring Semester Year 2	
Course	Hours	Course	Hours
NUTR 1213 Fundamentals of Nutrition	3	HESC 2433 Child Development (Pre-HESC 1403 OR PSYC 2003; Instructor Consent)	3
<b>History or Government Core Elective</b>	3	<b>SOCI 2013</b> General Sociology <b>OR</b> <b>RSOC 2603</b> Rural Sociology	3
<b>Science Core Elective</b>	4	HESC 3423 Adolescent Development (Pre-HESC 1403 <b>OR</b> PSYC 2003)	3
COMM 1313 Public Speaking	3	<b>Humanities Core Elective</b>	3
HESC 2453 Analytical Approach to Research in HDFS I	3	HESC 2463 Analytical Approach to Research in HDFS II	3
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>15</b>
Fall Semester Year 3		Spring Semester Year 3	
Course	Hours	Course	Hours
HESC 3443 Families in Crisis	3	SCWK 3163 On Death and Dying (Pre-junior standing)	3
LSPN Elective	3	LSPN Elective	3
General Elective	9	General Elective	9
<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>15</b>
Fall Semester Year 4		Spring Semester Year 4	
Course	Hours	Course	Hours
HESC 4753 Family Financial Management	3	HESC 4443 Gerontology (Pre-HESC 1403 OR HESC 2413 OR PSYC 2003 OR SCWK 2133 and junior standing)	3
HESC 4453 Parenting and Family Dynamics (Pre-HESC 1403 OR PSYC 2003)	3	CNED 3053 The Helping Relationship	3
HESC 4423 Adult Development (Pre-HESC 1403 OR PSYC 2003 and junior standing)	3	General Electives	8
HESC 4463 – Administration and Leadership in the Helping Professions (Pre-HESC 3402/3401L and junior standing and COMM 1313, HESC 2433)	3		
<b>Total Semester Hours</b>	<b>12</b>	<b>Total Semester Hours</b>	<b>14</b>
		<b>TOTAL HOURS</b>	<b>120</b>