

Dale Bumpers College of Agricultural, Food & Life Sciences
EIGHT-SEMESTER DEGREE COMPLETION PROGRAM
B.S.H.E.S. – Human Development, Family Sciences and Rural Sociology (HDFS) – Lifespan (LSPN)
2012-2013

HDFS Requirements: 6-12 hours Communication; 3 hours History; 5-6 hours Mathematics and Computers; 8 hours Physical & Biological Sciences; 6 hours Arts/Humanities; 9 hours Social Sciences; 25 hours departmental core; 36-37 hours Child Development; 18-20 hours general electives.

Bold – Course meets University Core

Pre-requisites, co-requisites, or recommended courses are in parentheses.

Fall Semester Year 1		Spring Semester Year 1	
Course	Hours	Course	Hours
ENGL 1013 Composition I – unless exempt	3	HESC 2413 Family Relations (Pre-HESC 1501)	3
HESC 1501 Orientation to HESC	1	ENGL 1023 Composition II (Pre-ENGL 1013) – unless exempt	3
MATH Core Elective	3	PSYC 2003 General Psychology	3
HESC 1403 Lifespan Development	3	Science Core Elective	4
Fine Arts Core Elective	3	General Elective	3
General Elective	3	Total Semester Hours	16
Total Semester Hours	16		
Fall Semester Year 2		Spring Semester Year 2	
Course	Hours	Course	Hours
HESC 1213 Fundamentals of Nutrition	3	HESC 2433 Child Development (Pre-HESC 1403 OR PSYC 2003; Instructor Consent)	3
History or Government Core Elective	3	SOCI 2013 General Sociology OR RSOC 2603 Rural Sociology	3
Science Core Elective	4	HESC 3423 Adolescent Development (Pre-HESC 1403 OR PSYC 2003)	3
COMM 1313 Public Speaking	3	Humanities Core Elective	3
HESC 2453 Analytical Approach to Research in HDFS I	3	HESC 2463 Analytical Approach to Research in HDFS II	3
Total Semester Hours	16	Total Semester Hours	15
Fall Semester Year 3		Spring Semester Year 3	
Course	Hours	Course	Hours
HESC 3443 Families in Crisis	3	SCWK 3163 On Death and Dying (Pre-junior standing)	3
LSPN Elective	3	LSPN Elective	3
General Elective	9-10	General Elective	9
Total Semester Hours	15-16	Total Semester Hours	15
Fall Semester Year 4		Spring Semester Year 4	
Course	Hours	Course	Hours
HESC 4493 Public Policy Advocacy (Pre-RSOC 2603 OR SOCI 2013)	3	HESC 4433 Dynamic Family Interaction (Pre-HESC 2413 and junior standing)	3
HESC 4753 Family Financial Management	3	HESC 4443 Gerontology (Pre-HESC 1403 OR HESC 2413 OR PSYC 2003 OR SCWK 2133 and junior standing)	3
HESC 4453 Parenting and Family Dynamics (Pre-HESC 1403 OR PSYC 2003)	3	CNED 3053 The Helping Relationship	3
HESC 4423 Adult Development (Pre-HESC 1403 OR PSYC 2003 and junior standing)	3	General Electives	6-7
HESC 4463 – Administration and Leadership in the Helping Professions (Pre-HESC 3402/3401L and junior standing and COMM 1313, HESC 2433)	3	Total Semester Hours	15-16
Total Semester Hours	15	TOTAL HOURS	124