

**Dale Bumpers College of Agricultural, Food & Life Sciences**  
**EIGHT-SEMESTER DEGREE COMPLETION PROGRAM**  
*B.S.H.E.S. – Human Development, Family Sciences and Rural Sociology (HDFS) – Lifespan (LSPN)*  
**2011-2012**

HDFS Requirements: 6-12 hours Communication; 3 hours History; 5-6 hours Mathematics and Computers; 8 hours Physical & Biological Sciences; 6 hours Arts/Humanities; 9 hours Social Sciences; 25 hours departmental core; 36-37 hours Child Development; 18-20 hours general electives.

**Bold** – Course meets University Core

Pre-requisites, co-requisites, or recommended courses are in parentheses.

| Fall Semester Year 1   |              | Spring Semester Year 1   |              |
|--|--------------|--|--------------|
| Course   | Hours        | Course   | Hours        |
| <b>ENGL 1013</b> Composition I – unless exempt   | 3            | HESC 2413 Family Relations (Pre-HESC 1501)   | 3            |
| HESC 1501 Orientation to HESC  | 1            | <b>ENGL 1023</b> Composition II (Pre-ENGL 1013) – unless exempt  | 3            |
| <b>MATH Core Elective</b>  | 3            | <b>PSYC 2003</b> General Psychology  | 3            |
| HESC 1403 Lifespan Development   | 3            | <b>Science Core Elective</b>   | 4            |
| <b>Fine Arts Core Elective</b>   | 3            | General Elective   | 3            |
| General Elective   | 3            | <b>Total Semester Hours</b>  | <b>16</b>    |
| <b>Total Semester Hours</b>  | <b>16</b>    |  |              |
| Fall Semester Year 2   |              | Spring Semester Year 2   |              |
| Course   | Hours        | Course   | Hours        |
| HESC 1213 Nutrition in Health  | 3            | HESC 2433 Child Development (Pre-HESC 1403 OR PSYC 2003; Instructor Consent)   | 3            |
| <b>History or Government Core Elective</b>   | 3            | <b>SOCI 2013</b> General Sociology <b>OR</b> <b>RSOC 2603</b> Rural Sociology  | 3            |
| <b>Science Core Elective</b>   | 4            | HESC 3423 Adolescent Development (Pre-HESC 1403 <b>OR</b> PSYC 2003)   | 3            |
| COMM 1313 Fundamentals of Communication  | 3            | <b>Humanities Core Elective</b>  | 3            |
| General Elective   | 3            | General Elective   | 3            |
| <b>Total Semester Hours</b>  | <b>16</b>    | <b>Total Semester Hours</b>  | <b>15</b>    |
| Fall Semester Year 3   |              | Spring Semester Year 3   |              |
| Course   | Hours        | Course   | Hours        |
| HESC 3443 Families in Crisis   | 3            | SCWK 3163 On Death and Dying (Pre-junior standing)   | 3            |
| PSYC 2013 Introduction to Statistics (Pre-PSYC 2003) <b>OR</b> STAT 2303 Principles of Statistics <b>OR</b> SOCI 3303/3301L Social Data and Analysis (Pre-SOCI 2013) <b>OR</b> WCOB1033 Data Analysis and Interpretation (Pre-WCOB 1120 and MATH 2053 <b>OR</b> MATH 2554) | 3-4          | PSYC 3073 Research Methods (Pre-PSYC 2013) <b>OR</b> SCWK 4073 Social Wk Research & Technology <b>OR</b> SOCI 3313 Social Research | 3            |
| COMM, ENGL, JOUR OR FLAN   | 3            | LSPN Elective  | 3            |
| LSPN Elective  | 3            | General Electives  | 6            |
| General Elective   | 3-4          | <b>Total Semester Hours</b>  | <b>15</b>    |
| <b>Total Semester Hours</b>  | <b>15-16</b> |  |              |
| Fall Semester Year 4   |              | Spring Semester Year 4   |              |
| Course   | Hours        | Course   | Hours        |
| HESC 4493 Public Policy Advocacy (Pre-RSOC 2603 OR SOCI 2013)  | 3            | HESC 4433 Dynamic Family Interaction (Pre-HESC 2413 and junior standing)   | 3            |
| HESC 4753 Family Financial Management  | 3            | HESC 4443 Gerontology (Pre-HESC 1403 OR HESC 2413 OR PSYC 2003 OR SCWK 2133 and junior standing)                                   | 3            |
| HESC 4453 Parenting and Family Dynamics (Pre-HESC 1403 OR PSYC 2003)   | 3            | CNED 3053 The Helping Relationship   | 3            |
| HESC 4423 Adult Development (Pre-HESC 1403 OR PSYC 2003 and junior standing)   | 3            | General Electives  | 6-7          |
| HESC 4463 – Administration and Leadership in the Helping Professions (Pre-HESC 3402/3401L and junior standing and COMM 1313, HESC 2433)  | 3            | <b>Total Semester Hours</b>  | <b>15-16</b> |
| <b>Total Semester Hours</b>  | <b>15</b>    | <b>TOTAL HOURS</b>   | <b>124</b>   |