

**Dale Bumpers College of Agricultural, Food & Life Sciences**  
**EIGHT-SEMESTER DEGREE COMPLETION PROGRAM**  
*B.S.H.E.S. – Human Development, Family Sciences and Rural Sociology (HDFS) – Lifespan (LSPN)*  
**2010-2011**

HDFS Requirements: 6-12 hours Communication; 3 hours History; 3 hours Mathematics; 8 hours Physical & Biological Sciences; 6 hours Arts/Humanities; 9 hours Social Sciences; 43 hours departmental core; 6 hours Lifespan electives; 27-34 hours general electives.

**Bold** – Course meets University Core

Pre-requisites, co-requisites, or recommended courses are in parentheses.

Fall Semester Year 1		Spring Semester Year 1	
Course	Hours	Course	Hours
<b>ENGL 1013</b> Composition I – unless exempt	3	HESC 2413 Family Relations (Pre-HESC 1501)	3
HESC 1501 Orientation to HESC	1	<b>ENGL 1023</b> Composition II (Pre-ENGL 1013) – unless exempt	3
<b>MATH Core Elective</b>	3	<b>PSYC 2003</b> General Psychology	3
HESC 1403 Lifespan Development	3	<b>Science Core Elective</b>	4
<b>Fine Arts Core Elective</b>	3	General Elective	3
General Elective	3	<b>Total Semester Hours</b>	<b>16</b>
<b>Total Semester Hours</b>	<b>16</b>		
Fall Semester Year 2		Spring Semester Year 2	
Course	Hours	Course	Hours
HESC 1213 Nutrition in Health	3	HESC 2433 Child Development (Pre-HESC 1403 OR PSYC 2003)	3
<b>History or Government Core Elective</b>	3	<b>SOCI 2013</b> General Sociology <b>OR</b> <b>RSOC 2603</b> Rural Sociology	3
<b>Science Core Elective</b>	4	HESC 3423 Adolescent Development (Pre-HESC 1403 <b>OR</b> PSYC 2003)	3
COMM 1313 Fundamentals of Communication	3	<b>Humanities Core Elective</b>	3
General Elective	3	General Elective	3
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>15</b>
Fall Semester Year 3		Spring Semester Year 3	
Course	Hours	Course	Hours
HESC 3443 Families in Crisis	3	SCWK 3163 On Death and Dying (Pre-junior standing)	3
PSYC 2013 Introduction to Statistics (Pre-PSYC 2003) <b>OR</b> STAT 2303 Principles of Statistics <b>OR</b> SOCI 3303/3301L Social Data and Analysis (Pre-SOCI 2013) <b>OR</b> WCOB1033 Data Analysis and Interpretation (Pre-WCOB 1120 and MATH 2053 <b>OR</b> MATH 2554)	3-4	PSYC 3073 Research Methods (Pre-PSYC 2013) <b>OR</b> SCWK 4073 Social Wk Research & Technology <b>OR</b> SOCI 3313 Social Research	3
COMM, ENGL, JOUR OR FLAN	3	LSPN Elective	3
LSPN Elective	3	General Electives	6
General Elective	3-4	<b>Total Semester Hours</b>	<b>15</b>
<b>Total Semester Hours</b>	<b>15-16</b>		
Fall Semester Year 4		Spring Semester Year 4	
Course	Hours	Course	Hours
HESC 4493 Public Policy Advocacy (Pre-RSOC 2603 OR SOCI 2013)	3	HESC 4433 Dynamic Family Interaction (Pre-HESC 2413 and junior standing)	3
HESC 4753 Family Financial Management	3	HESC 4443 Gerontology (Pre-HESC 1403 OR HESC 2413 OR PSYC 2003 OR SCWK 2133 and junior standing)	3
HESC 4453 Parenting and Family Dynamics (Pre-HESC 1403 OR PSYC 2003)	3	CNED 3053 The Helping Relationship	3
HESC 4423 Adult Development (Pre-HESC 1403 OR PSYC 2003 and junior standing)	3	General Electives	6-7
HESC 4463 – Administration and Leadership for the Helping Professions (Pre-HESC 3402/3401L and junior standing and COMM 1313, HESC 2433)	3	<b>Total Semester Hours</b>	<b>15-16</b>
<b>Total Semester Hours</b>	<b>15</b>	<b>TOTAL HOURS</b>	<b>124</b>